



Iceberg Graveyard, Ammassalik Fjord, East Greenland. © Eric S. Rock. All rights reserved.

Wednesday, March 25 - Lisa and Tom Cuchara
Highlights

Wednesday, April 19 - Eric Rock
Travel Afar: My Journey with Micro Four Thirds

Upcoming SierraPhoto NYC Exhibit:
Nature as Sanctuary (see page 6)

Wednesday, March 25 - Lisa and Tom Cuchara Highlights



Lisa Cuchara, Ph.D. is very passionate about photography, both behind the lens and in the digital darkroom. From birds and flowers to babies and UrbEx/HDR, she embraces the challenge of interpreting what her eyes see and her heart feels through her work. Lisa is PPA Certified as Master-Photographic Craftsman as well as Master of Photography (M. Photog.), and is an Honorary Member of the New England Camera Club Council (HonNEC). She and her husband Tom have been professional portrait photographers for over 16 years.

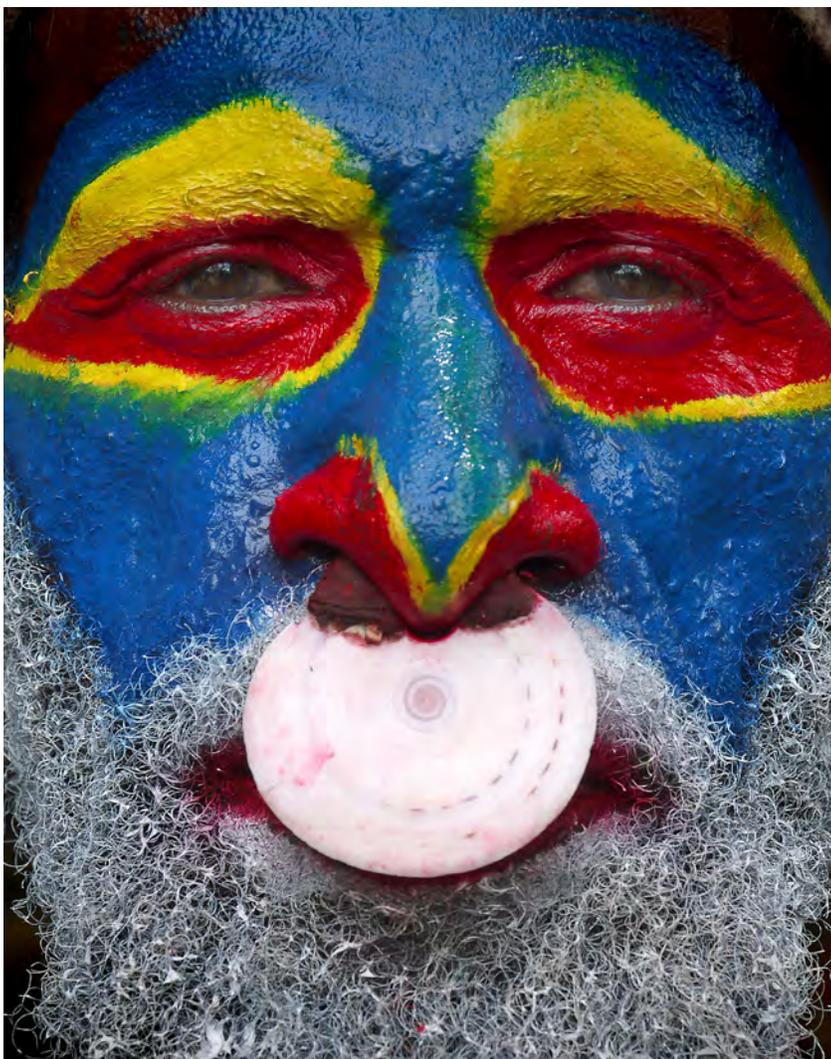
Lisa and Tom have had many successful gallery exhibitions, have had work accepted into many juried exhibitions and have won awards throughout the world. Their work has appeared in *Adirondack Life*, *Wild Bird*, *Birder's World*, in calendars and on calendar covers, and even on the cover of a paperback novel. Lisa has also had images accepted into the PPA (Professional Photographers Association) loan collection and is a three-time Bronze Medalist in PPA photographic competitions. Lisa and Tom have published two books with Amherst Media: *Create Fine Art Photographs from Historic Places and Rusty Things* and *The Frog Whisperer* (macro photography with frogs as subjects). They have presented programs and workshops at photo groups and conventions on many topics, including Photoshop, digital workflow, HDR, RAW processing, macro photography, and travel photography.

Learn more at www.PhotographyByLisaAndTom.com

Wednesday, April 29 - Eric Rock *Travel Afar: My Journey with Micro Four Thirds*

Eric's career as a photographer and guide spans two decades. He has traveled to the far corners of the earth exploring exotic cultures and wilderness environments. Over time, he came to realize that to maintain a creative edge, he needed to switch equipment to better fit his style. Developing his artistic voice using the micro four thirds format (a standard released in 2008 for the design of mirrorless interchangeable lens digital cameras), he found he could travel lighter and expand his photographic possibilities without sacrificing quality. This is a story of that process.

Eric Rock is a leading travel and nature photographer who purchased his first camera at the age of sixteen. While studying wildlife biology at the University of Alaska, he developed his skills as a photographer and teaching assistant in the School of Journalism. Eric began his career as a guide by serving as head naturalist at Kantishna Roadhouse in Alaska's Denali National Park - a perfect location to explore nature with a camera. Since that time, Eric has circled the globe utilizing his understanding of nature and photography to enhance his clients' experiences through personalized instruction.



Face of a highland chief. Whagi Valley, Papua New Guinea
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Eric is an Olympus Educator and leads photographic adventures through Joseph Van Os Photo Safaris. Olympus cameras and lenses have allowed Eric to photograph lighter, further and longer in his travels.

<http://www.ericrockphoto.com>

<http://www.photosafaris.com>

Instagram: [@ericrock](https://www.instagram.com/ericrock)

Spring 2020 Outings

| Date | Location(s) | Details | What to Bring/ What to Know |
|--|--|---|---|
| <p>March 21 Saturday</p> | <p>Minnewaska State Park Preserve New York Palisades Region</p> <p>Pre-spring waterfalls, rock formations, and perhaps a lake.</p> <p>Short, moderate 20-minute hikes on steep trails with rocky surfaces and mud.</p> | <p>NYC start: 9:00 am.</p> <p>Two-hour drive to park; shoot until dark.</p> <p>Dinner afterward in area.</p> <p>NYC return: 10:30 pm</p> | <p>Plan for a full day with changeable weather.</p> <p>Bring hiking boots, rain jacket, sunblock, lunch, snacks and water.</p> |
| <p>April 3 Friday</p> | <p>Brooklyn Botanic Garden Brooklyn, NY</p> <p>Magnolia tree blossoms, daffodils, native wildflowers, wisteria, and maybe emerging blossoms on a few cherry trees.</p> | <p>Meet at 10:00 am at the Eastern Parkway entrance at 150 Eastern Parkway (see map link), about 250 feet from the Eastern Parkway/Brooklyn Museum station on the 2/3 subway line.</p> <p>Lunch at 11:30 am at Yellow Magnolia Canteen.</p> <p>Shoot until closing, 6:00 pm. No dinner planned.</p> | <p>Easy walking in 52-acre Garden property. Check website for spring bloom information.</p> <p>Garden admission is free before noon.</p> <p>Note: as of this writing, the downtown platform of the Eastern Parkway subway station is scheduled to be closed in April. For more information, see: www.mta.info</p> |
| <p>April 4 Saturday</p> <p>OR</p> <p>April 11 Saturday</p> <p>Date TBD</p> | <p>Branch Brook Park Newark, NJ</p> <p>Cherry blossoms, forsythia, hundreds of trees blooming pink and white in park designed by Frederick Law Olmsted.</p> <p>Perhaps late pre-sunset light.</p> | <p>Check for email confirming exact date for this outing.</p> <p>NYC Start: 12:00 noon</p> <p>Lunch in park and afternoon shoot until sunset.</p> <p>Dinner afterward (details TBD)</p> | <p>Walking in one-mile area within the 360-acre park, with slight hills.</p> <p>Dress appropriately for the weather.</p> <p>Bring lunch, snacks, and water.</p> |

Continued on Next Page

Spring 2020 Outings, continued

| Date | Location(s) | Details | What to Bring/ What to Know |
|-------------------------------------|--|---|---|
| <p>April 23 Thursday</p> | <p>Ken Lockwood Gorge and locations in Hunterdon County, NJ</p> <p>Beginning of spring along wooded stream; maybe a blue heron.</p> | <p>NYC Start: 11:30 am.</p> <p>Lunch on location and afternoon shoot until sunset.</p> <p>Dinner afterward in area, return around 10:00 pm.</p> | <p>Hike about two miles along a flat trail.</p> <p>Plan for a full day of cool weather.</p> <p>Wear hiking boots, layered clothing; bring rain gear as needed and lunch, snacks, and water.</p> |
| <p>May 2 Saturday</p> | <p>NY Botanical Garden Bronx, NY</p> <p>Spring blossoms: tulips, magnolias, dogwoods and more in this National Historic Landmark, the largest botanical garden of any city in the United States.</p> | <p>If arriving by public transit, take the Metro-North train leaving at 9:16 am from Grand Central to the Botanical Garden station. Meet Charles at 9:40 am inside the Mosholu Gate entrance across the road from the station.</p> <p>If arriving by car, meet Charles at 9:55 am inside admission windows at Fordham Gate on Southern Boulevard.</p> <p>Meet for lunch (and to make dinner reservations) at 11:45 am at the Pine Tree Cafe by Fordham Gate.</p> <p>Full day of shooting until 5:30 pm.</p> <p>Dinner at Emilia's Restaurant on Arthur Avenue.</p> <p>Return 8:30 pm - 9:30 pm.</p> | <p>Hike in a variety of terrains from easy paved paths to dirt woodland trails.</p> <p>Free admission to grounds before 10:00 am. Afterwards, NYC residents pay \$15 for grounds-only access (or \$7 for seniors aged 65+). Full access is \$28.</p> <p>After 10:00 am, non-NYC residents pay \$28 for full access (no grounds-only admission).</p> <p>If traveling by car, there is a \$20 parking fee.</p> <p>Click here for interactive garden map.</p> <p>Click here for Metro-North train schedules.</p> |

For further information and to reserve, call Charles Dexter at 212-315-1963 (before 10:30 pm).

NATURE AS SANCTUARY

SierraPhoto NYC



Photograph by William Frick

The nature photographers of SierraPhoto NYC, although based in an urban setting, seek out and cherish the peace to be found in natural sanctuaries – from urban parks, gardens and seashores to more remote places around the world. In this exhibit, we show images from many of these special places.

By sharing our passion for nature through these images, we hope to motivate viewers to find ways of ensuring that the natural world will be forever preserved and valued--a mission we share with the Episcopal Church's commitment to environmental stewardship.

SierraPhoto NYC, formed in 1975 and now numbering several hundred photographers, is part of the Sierra Club New York City Group. We meet monthly and welcome everyone who shares our love of photography and our commitment to preserving the beauty of the natural world.

www.sierraphotonyc.com

The Undercroft Gallery at
The Episcopal Church
of the Heavenly Rest

5th Avenue and 90th Street
New York City

March 23 - May 3, 2020

Gallery Open to the Public:

Weekdays Noon - 6pm

Sundays 8am - 5pm

Opening Reception:

Thursday, March 26

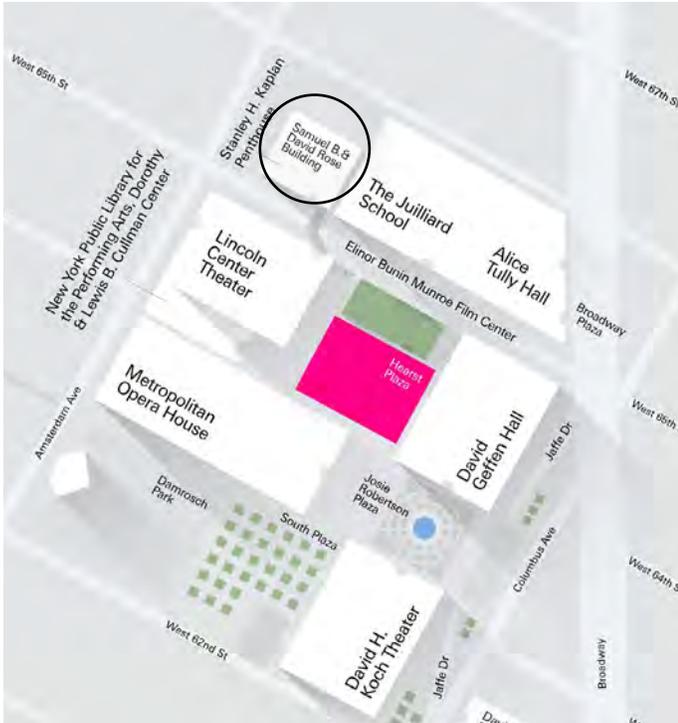
6:30 pm - 8:30 pm

info@heavenlyrest.org

212-289-3400



Meeting Details



Metropolitan Opera Guild Learning Center
Lincoln Center

Samuel B. and David Rose Building,
165 West 65th St., 6th Floor

Lobby is located one story above street level
on a plaza, accessed by elevator, escalator or
staircase on the north side of 65th St.

[Click here for building info, map and directions](#)

Doors open 6:00 pm

Program begins 6:30 pm

\$7.00 suggested donation

Join us for optional dinner afterward at
[Old John's Luncheonette](#), 148 West 67th St.

SierraPhoto NYC Board

Judy Rosenblatt, Co-Chair
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To report changes in email address:
sierraphotonyc@gmail.com

To send news of upcoming events,
exhibits, and publications:
annechamberlain@earthlink.net

Winter/Spring Meeting Schedule

| | |
|--------|---------------------------------|
| Mar 25 | Lisa and Tom Cuchara |
| Apr 29 | Eric Rock |
| May 27 | Members' Night (Note: May Date) |
| Jun 24 | Jennifer Hayes |

SierraPhoto NYC

www.sierraphotonyc.com

<https://www.facebook.com/sierraphotonyc/>

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